

### A MESSAGE FROM INTERIM COO DR. SAHAR SENAN

As the COO of the Usman Memorial Hospital, I would like to welcome you on behalf of our dedicated team of doctors, nurses, administrators, technicians and staff, who strive to provide patient centered quality healthcare and diagnostic services. UMH was established to serve the neighboring community and those in need, a commitment that is just as strong today as it was four decades ago. UMH is committed to achieving health equity by partnering with diverse local communities to deliver high-quality care and address the social determinants of health, such as housing, food and drinking water insecurity, education and employment. An advocate of providing compassionate and distinguished care, working to heal, teach, and advance medicine in the district central and throughout the city. We believe in challenging the status quo. UMH aims to be the change the health care needs and forging a new pathway in clinical excellence is only possible by putting the patient at the center of the experience. Our commitment to making quality healthcare accessible to all is demonstrated by our Patient Welfare Program.



I feel privileged to be part of this phenomenal team who work relentlessly and selflessly to make sure that our patients, our employees and our loved ones remain safe.

### DEVELOPMENTS AT UMH

#### STARTING OF COVID HIGH DEPENDENCY UNIT

The current healthcare scenario is unsatisfactory aVs Pakistan is a highly populated country, requiring a high level of sustained medical facilities. Following the outbreak of Covid -19 pandemic in the early 2020, the health care system had faced a huge challenge and it had reached the point of exhaustion. Amid the chaos and the rising human toll, UMH stood out of the pack and set a 10 -bed High dependency unit, well-equipped with the standardized modern equipment's to deliver better care at the most affordable rates.



#### STARTED COVID-19 VACCINATION CENTER

Usman Memorial Hospital started its free Covid-19 Vaccination Services with the collaboration of the Health Department Government of Sindh, District Central Karachi & S.H.C.C to contain the pandemic from 2nd June 2021. Over fifty thousand people have been vaccinated free so far. UMH takes pride in its contribution towards mass vaccination drive.

Free of cost booster doses of vaccination for the eligible candidates are also available.

### FREE COVID PCR TESTING IN COLLABORATION WITH GOVT. OF SIND



UMH has played a pivotal role in the fight against the pandemic by providing free of cost Covid PCR testing and screening for the infected while continuing to care for non-COVID-19 patients.



## COMMENCEMENT OF NICU EQUIPPED WITH VENTILATORS

- Success story of the 28th week premie (Baby of Humaira---Baby Shifa) who survived and continue to follow-up in Dr. Sehrish clinic he is now 8 months old.
- Diagnosed rare neonatal medical and surgical abnormalities, complex cardiac anomalies, TE Fistula, Cystic Fibrosis, Bat Ear Syndrome etc.
- Performed life-saving neonatal and pediatric procedures like central lines, chest tubes.



## COMMENCEMENT OF ICU



## ADDITION OF RENOWNED DOCTORS AT UMH

- **DR. SEHRISH ARIF –DCH**  
(Consultant Paediatrician and Neonatologist)
- **DR. SABEEL KABEER**  
(Physical Therapy & Rehabilitation)
- **DR. JAAZBA IQBAL**  
(Physical Therapy & Rehabilitation)
- **S.M. SAQIB GHOURI**  
(Physical Therapy & Rehabilitation)
- **DR. ARFEEN AZAM-FCPS**  
(Internist)
- **DR. JAH MIRZA MOHSIN-FRCS**  
(Orthopedic)
- **DR. ZOHAIB NAWAZ-FCPS**  
(Orthopedic)
- **DR. MIR ARSALAN ALI -FCPS**  
(General Surgeon)
- **DR. WAQAS RASHEED-FCPS**  
(Pulmonologist)
- **DR. FARRUKH –FRCS**  
(Neurosurgeon)
- **DR. FARHAN ZAHID-FCPS**  
(Plastic Surgeon)
- **DR. NAJMA PARVEEN- MCPS**  
(OBGYN)
- **DR. ALI AKBAR-FCPS**  
(ENT)
- **DR. HASSAN LIAQUAT –FCPS**  
(Gastroenterologist)
- **DR. ALI HAROON–FCPS**  
(Gastroenterologist)
- **DR. QAISER SHEHZAD-MCPS-DCH**  
(Consultant Paediatrician and Neonatologist)
- **DR. ABDUL QAYYUM-MS**  
(Consultant Oncologist)

## NEW EQUIPMENT ADDED



**PURITAN BENNETT  
840 VENTILATORS X 2**

**ANESTHESIA MACHINE  
OHMEDA AESTIV**



**HIGH FLOW NASAL CANNULA  
ALNNO-VENTURA**

**LAPAROSCOPIC  
CAMERA WITH CCU AND  
LIGHT SOURCE**



## NEW FACILITY STARTING SOON

Construction Work for “Dialysis Unit” has started and expected to be commissioned in March 2022.

## FREE MEDICAL CAMPS



### HEART CAMP SEPTEMBER 2021

Free Heart Camp was conducted on 03 Oct, 21 on the premises of UMH. Free consultancy along with lab testing and ECG facilities were provided to the participants. Later Free Sample medicines were also provided to these patients.



### BREAST CANCER AWARENESS CAMP OCTOBER 2021

Free Breast Cancer Awareness Camp was conducted on 23rd Oct 2021 & 30th Oct 2021. Participants were given free consultancy and a free Mammogram facility. Later, sample medicines were also provided to the patients.



### WORLD CHILDREN'S DAY

UMH commemorated World Children's Day with a day full of art and colors in addition to free consultation services extended for 3 days.

## CONTINUOUS MEDICAL EDUCATION (CME) PROGRAMMES



### RESPIRATORY CARE WORKSHOP (PROPER VENTILATOR FUNCTIONING)

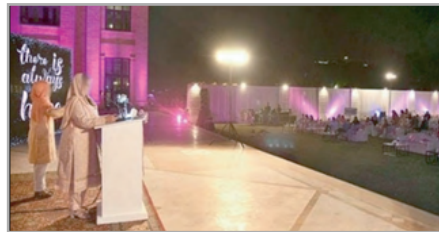
Presenters:

**Ms. Fabeeha**

Respiratory Therapist-DUHS-OJHA

**Ms. Warda Saleem**

Respiratory Therapist-AKUH



### BREAST CANCER AWARENESS HELD AT THE GOVERNOR HOUSE

Dr. Sahar Senan represented UMH at the Pink Ribbon Breast Cancer Awareness held at the governor house.



### COPD (CHRONIC OBSTRUCTIVE PULMONARY DISEASE) 20TH NOVEMBER 2021

Presenter:

**Dr. Waqas Rasheed**  
Consultant Pulmonologist



### ASSESSING IMPLEMENTATION BARRIERS FOR ELIMINATION OF HEPATITIS C

Ministry of Health-GoP and Asian Development Bank in collaboration with Agha Khan University Hospital conducted a program for elimination of Hepatitis C. UMH is a proud partner in this pilot study.



### INTERNSHIP PROGRAMS AT UMH

Clinical & Hospital Pharmacy in collaboration with PGA.

Emergency Medicine (Local - Dow, KMDC) and international graduates Krygystan and China.

Nursing internship in collaboration with Saifee Hospital.

### 14 AUGUST CELEBRATIONS WITH COVID PATIENTS



Keeping with its tradition Usman Memorial Hospital (UMH) celebrated the 73rd Independence Day of Pakistan with great enthusiasm and respect, jubilant guests and UMH staff marked their presence with renewed hopes of a prosperous Pakistan.

## EAT HEALTHY, BE HEALTHY

- Cut the sodium (salt)
- Cut down sugar
- Bump up your fiber
- Eat more fruits, vegetables and grains
- Exercise regularly

## REDUCE YOUR RISK OF CONTRACTING HEPATITIS -CHRONIC LIVER DISEASE

- Get Vaccinated for Hepatitis A and Hepatitis B.
- Don't share needles to take medication.
- Don't use an infected person's personal items.
- Practice good personal hygiene such as thorough "handwashing with soap and water".

## ROLE OF VACCINATIONS

Immunization is a global health and development success story, saving millions of lives every year. Vaccines reduce risks of getting a disease by working with your body's natural defenses to build protection. When you get a vaccine, your immune system responds.

## AVOID DELAY IN MEDICAL CARE

### Avail Our Following 24/7 Services:

- Accident and Emergency
- Radiology
- Laboratory

## PATIENT WELFARE

The Patients' welfare department of Usman Memorial hospital makes it possible for those in need to receive quality care treatment. Our objective is to serve those whose voices are not heard and to uplift the lives of our patients from despair to happiness.

**When You Fund a Patient, A life is changed!**

### You May Donate!

#### For Zakat

Habib Metropolitan Bank Ltd.  
Account Number:  
6-1-22-20311-714-202816

#### For Donations

Bank Al Habib Ltd.  
Account Number:  
1001-0081-1792-2801



USMAN MEMORIAL  
HOSPITAL

## GET IN TOUCH WITH US

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