

### WE CARE AT USMAN MEMORIAL HOSPITAL

After the recent cases of coronavirus reported in Karachi, a session named Coronavirus (SARS-COV-2)

Use of Personal Protective Equipment was organized on 3rd of March, 2020. All the internal employees of the organization attended the session. The speaker for the session was Dr. Ashraf Memon, a very renowned pathologist, MBBS, M.C.P.S, (Pathology), MSC Infecti[H1] ous Diseases (UOL, UK) and AITRP-Fellow SIT/HIV (UAB, USA). The speaker gave a brief introduction and overview on the origin and spread of the disease and the importance of use of PPE for the prevention of this viral disease. This was supplemented by a practical demonstration of hand washing practices also another practical demonstration was held which enforced the gloving techniques and the appropriate use of masks in daily patient care routine. A pre and a post lecture assessment questionnaire was circulated and the drastic difference in the results were found in the responses. The demonstration along with the session was very interactive and very result driven.



**اس کی علامات**

کرونا وائرس سانس کی بیماری کا سبب بنتا ہے یہ وائرس ایک شخص سے دوسرے شخص میں منتقل ہو سکتا ہے۔ اس وائرس کا سبب بننے کوئی علامت نہیں آتی لیکن مریض کی حالت کو دیکھتے ہوئے اس پر قابو پانا جاسکتا ہے۔

**کرونا وائرس**

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**حفاظتی تدابیر**

- 1- جو افراد بیمار ہیں یا سانس کی بیماری میں مبتلا ہیں ان سے قریب جانے سے احتیاط کریں۔
- 2- کھینچنے والے اور کھانسنے والے اپنے پیرے کاٹھ سے ڈھانپ لیں اور کھانسنے یا کھانسنے کے بعد دست دھو لیں۔
- 3- کھانسنے یا کھانسنے والے افراد کو دور سے دیکھنے سے گریز کریں اور کم از کم جیس تک ممکن ہو ہاتھوں کو دھو لیں۔
- 4- اپنے اور اپنے گھروں کو گھومنے سے گریز کریں۔
- 5- طبیعت ٹھیک ہونے کی صورت میں قریبی معائنے سے اجتناب کریں۔

ضروری معلومات کیلئے رابطہ کریں :  
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021-36310311-14  
www.umh.com.pk, info@umh.com.pk

### Wash Your Hands

If your hands are not visibly dirty, frequently clean them by using alcohol-based hand rub or soap and water



Wash your hands with soap and running water when hands are visibly dirty



### AT UMH

Addition of a well-known pediatric consultant:

Our practice has grown and, in order to continue providing you with the best standard of care, we are bringing on a new provider. We are pleased to welcome Dr. Muhammad Iqbal Gatta (Consultant Pediatrician) on board. He has been practicing for 35 years in his specialty.

You can now consult with Dr. Muhammad Iqbal Gatta every Thursday between 7pm to 09:30pm in our OPD.

### Vaccination Service

Children should receive the vaccinations they need at the right age during scheduled or drop-in clinic visits. Most childhood vaccines are 90% to 99% effective in preventing disease. There is a recommended vaccination schedule, that is, the ages at which children should receive each dose of various vaccines.

We are now providing vaccination services every Monday and Thursday between 09am to 01pm on walk in basis in our OPD.



**MEET SHAFQAT HAMDANI**  
Chief Operating Officer,  
Usman Memorial Hospital Foundation

**Professional Summary:**  
A Health Care Professional by choice with 4 decades of rich non-clinical, Managerial and Leadership Experience of working with Leaders, Academia, Corporate Executives and Quality Specialist with proven ability to ensure exemplary level of healthcare service delivery to patients. Direct Experience includes Pharmaceutical Care, Supply Chain Management, Peripheral Outreach Centers, Human Resource Management, Business Plan, Growth & Financial Sustainability by leading high performing efficient teams.

**Personal Interest:**  
A Pharmacist by Profession and Passion for Philanthropy.



## COMMUNITY CALENDAR

RAMADAN PROMOTION | April 24th- May 22nd, 2020

UMH inline of its vision is offering 40% discount on all OPD throughout the month of Ramadan Kareem.



### WHY UMH?

- > Ideal location, easily accessible with drop off facility at ER entrance.
- > Patient centric care in air-conditioned environment with spacious parking area.
- > Comforting and soothing ambience throughout the hospital.
- > High Quality Care at affordable Rates.
- > Renowned Consultants in all specialities.
- > Qualified, trained and caring nursing and support staff.
- > All Diagnostic service available under one roof including CT, Fluoroscopy, Ultra Sound, X-Ray, Mammography, ECHO, Endoscopy, Lab Services and Blood Bank.
- > Cafeteria with hygienic food services.

### WIN WIN!

A group of 7 volunteers from Karachi University are working on internship projects getting hands on experience and coaching with HR, Marketing and Patient Feedback. It's a wonderful opportunity to build Community Development skills in them and learn from their fresh ideas!

### WORKING TOGETHER

We believe in working together to reach out in communities, with our partners we collaborate to create opportunities to be in touch and build a positive difference in the lives of people every day. We are committed to ensure providing health facilities within everyone's reach. Our belief is in providing value of service collectively, and advancing innovative solutions with community engagement alongside with Insurance Companies on board.



### DVAGO

DVAGO Pharmacy in our premises provides quality service and convenience it is a modern pharmacy concept which provides medicines in an ecofriendly environment where medicines are stored in a temperate controlled environment in order to maintain the efficacy of the medicine. It offers products in multiple categories including Personal care, Foods and Beverages, Nutrition and Supplements. Dvago makes sure that all medicine sold at the outlet are authentic and not counterfeit.



Muhammadi Blood Bank offers their services inside the hospital, it is recognized as one of the best in the field of hematology, blood banking, lab diagnostics, and the transfusion medicine. They are known in the society as the most compassionate, ethical, accessible and the best quality health care provider that meets or exceeds the needs and expectations of patients and prevention of the community's diseases such as hepatitis and thalassemia.



### A NOTE FROM ANJUM RIAZ

Human Resource Manager,  
Usman Memorial Hospital Foundation

**Professional Image:** I am a HR Professional having 13 years of diverse exposure in various industries like FMCG, Manufacturing, Consulting and now in Healthcare. A seasoned trainer and coach, conducted various trainings in different universities. Hands on experience in all the areas of HR both transactional and transformational including Capability Development, Employee Relations, HR Service Delivery, Personnel Services and Talent Acquisition.

**Organizational Philosophy:** I strongly believe that robust HR Processes and Procedures (in-line with Company's Vision) will always produce effective results.

## HIGHLIGHTS



### RECOGNITION

29th November, 2019

An internal event was organized to appreciate and recognize the efforts of all the staff who have contributed to make UMH what it is today.



### HOSTING

14th December, 2019

A Private Hospitals and Clinics Association was hosted to discuss issues which act as barriers to this industry and measures to resolve them. Chaired by Dr. Junaid Ali Shah and Dr. Bilal Faiz.



### UROLOGY

15th December, 2019

Free Medical Camp for Urology was conducted, with patients given consultancy and testing facilities. Later sample medicines were also provided.



### CME

19th December, 2019

Dr. Farrukh Adil advised how patients need to be counseled and their consent taken prior to any procedure. Then given care after operation for speedy recovery.



### CME

26th December, 2019

Dr. Mahnoor Khalil conducted a session on explaining symptoms of Dengue Fever, the various preventive measures to be taken and treatment of the disease.



### MOTIVATIONAL SESSION

28th January, 2020

A Renowned coach and trainer Suleman Ahmer was invited to UMH to inspire staff about the importance human resource and their career building.



### RESUSCITATION

30th January, 2020

A CME session on neonatal resuscitation was conducted by Dr. Samra Baig., Dr. Abdul Rasheed along with Dr. Abdul Ghani to demonstrate practical resuscitation on a dummy baby.



### ORIENTATION SESSION

27th February, 2020

Takaful Pakistan conducted an awareness session, explaining on how the employees of UMH can avail the insurance policy of Takaful Pakistan.



### ACHIEVEMENT

2nd March, 2020

At UMH all departments have different goals but they all work tirelessly in order to achieve organizational goals, UMH values and celebrates their efforts.



## PATIENT WELFARE

With the growing demand to receive affordable medical care to needy and poor families the hospital needs your support. It is funded and managed so that everybody in the community gets access to medical care. Both the outpatients and the inpatients, requiring treatment may get the services at subsidized rates for eligible facilities. The fund aims at ensuring that there is quality medical care provision for each patient.

You may be part of this noble cause by contributing!

For Zakat  
Habib Metropolitan Bank Ltd.  
Account Number:  
0122-0271-4020-2816

For Donations  
Bank Al Habib Ltd.  
Account Number:  
1001-0081-1792-2801



## OUTPATIENT CLINICS

- Gynae /Obstetrics
- Paediatrics
- Internal Medicine
- Endocrinology
- Cardiology
- Gastroentology
- Psychiatry
- Dermatology
- Neurology
- Urology
- Peadiatric Surgery
- Orthopaedics
- General Surgery
- Plastic Surgery
- Neuro Surgery
- ENT
- Dental
- Physiotherapy

“

Nursing is an art; and if it is to be made an art, it requires as exclusive a devotion, as hard a preparation, as any painter's or sculptors' work;

For what is the having to do with dead canvas or cold marble, compared with having to do with the living body – the temple of God's spirit?

It is one of the Fine Arts; I had almost said the finest of the Fine Arts.”

- Florence Nightingale



USMAN MEMORIAL  
HOSPITAL

## GET IN TOUCH WITH US

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